

Some technological and chemical studies on processed cheese

Mohamed Eid Abd Allha Shenana

Cheddar cheese is considered as the most raw material imported to Egypt for the manufacture of processed cheese products, and the total cost is very high. Locally made hard cheese known as Ras cheese used in the processing, and this type of cheese is expensive. For this reason, many research work had been done looking for alternative raw material instead of natural cheese to reduce the capital cost including the time for preparing the natural cheeses used in manufacture of processed cheese products. In this study the research work was planned to produce a gel from UF-retentate SMP to be used as a raw material instead of natural cheese. Also using of HP-RSMP in manufacture of developed processed cheese spreads. Thus, this work was divided into two parts: Firstly, a survey was conducted on eight processed cheese spread samples which were available in the Egyptian markets. Four brands were imported and the rest were locally made. Consequently, 29 samples of processed cheese spreads available in the UK (Scotland) markets were also surveyed. All the samples were analysed chemically, and the processed cheese, spreads available in the UK markets were also evaluated organoleptically. In order to identify the sensory attributes to characteristic of processed cheese spreads and for using such sensory scheme to evaluate of the experimental products. The moisture content of Scottish full-fat processed cheese spreads ranged between 49.9 and 59.2 g 100g⁻¹. The moisture content (g 100g⁻¹) of the locally made and imported processed cheese spreads in Egypt ranged between 51.2 and 58.7, and 47.8 and 53.4, respectively. All the Scottish and Egyptian products were within the national standard, i.e. ≤ 60 and ≤ 65 g 100 g⁻¹, respectively (Statutory Instruments (51), 1970, 1974; Egyptian Standard, 1970). The FDM content of the Scottish and Egyptian products averaged 47.6 and 62.5 g 100g⁻¹, respectively where these results met both the 51 (1970, 1974) and Egyptian Standards (1970) i.e. ≤ 45 and ~ 20 g 100g⁻¹, respectively. It was evident that the Egyptian cheeses contain more fat when compared with the Scottish products. The protein, carbohydrate and ash contents of processed cheese spreads varied depending on the ingredients that have been used in the formulation of the product. The pH values of the Egyptian locally made processed cheese spreads varied from 5.18 to 5.92, but for the imported products ranged between 5.95 and 6.32. However, the pH values of the UK processed cheese spreads ranged between 5.36 and 5.99. The moisture content of low-fat processed cheese spreads which were available only in the UK ranged between 50.77 and 68.15 g 100g⁻¹. The fat content ranged between 6.7 and 16.4 g 100g⁻¹ with the exception of one sample (ultralight) where the fat content was 2.9 g 100g⁻¹. The protein content ranged between 13.1 and 19.1 g 100g⁻¹ which were high when compared with the protein content in full-fat processed cheese spreads. The sensory attributes that have been identified by trained panellist were six terms for flavour (overall intensity, creamy, salty, acid / sour, buttery and bitter), two terms describing after-taste (intensity and persistence) and five attributes encompassing texture and mouth feel (grainy, sticky, mouth-coating, melt in the mouth and fatty / greasy). The sensory character of all the commercial processed cheese spreads is influenced by the fat content. However, these differences are confined to sensory dimensions associated with texture and mouth feel. Furthermore, within some brands the effect of reducing the fat content was minimal. These results were probably achieved by other changes in the product formulation. Secondly, UF-retentate was produced from reconstituted SMP for producing full- and low-fat developed processed cheese spreads. HP-RSMP was also used to

produce both types of developed processed cheesespreads (full- and low-fat).The experimental cheeses were evaluated chemically,microbiologically, sensory and rheologically, the results were as follows:The retentate was prepared from reconstituted SMP (20g 100 g⁻¹ TS) at 45-sooe, and ultrafiltrated using pilot scale equipment. The UF-retentate wasdivided into four equal portions and mixed with emulsifying salt (JohaQ!!FN) at a rate of 2g 100 g⁻¹ .• The first batch no other ingredients was added. • Batches 2, 3, and 4, fat-SUBstitutes were added at the following rates (g100g⁻¹) : (a) PaselliQ!!Excel (1.5) + Farinex fbvA 60T (0.5), (b) Dairy-LO[™] (2)and (c) SimplesseLP.1100(2). A hand whisk and a high speed mixer were usedto mix the above ingredients, and later stored over night (14 - 16h) at 5 - 7°C.On the following day, the gel was used to replace the natural cheese for theproduction of developed processed cheese spreads.The gel was prepared from the HP-RSMP, where the powder wasrehydrated in water at - sooe at a rate of -18g protein 100g⁻¹ and theproduction of the gel was similar to the method dellClibed above. Incidentally,when high protein SMP was used, the emulsifying salt and fat-substituteswere blended with powder prior to rehydration.Each type of gel mentioned above and other Ingredients, wert mixedfor making developed procelsed cheel. .p •.•• d.. All the chea•••• mpl••were stored at - 5°e for duration of four m: mths and analyatd when WI'fresh, 2, 3 and 4 months.The chemical analysis for the full-fat products clearly identified thatthere was some variation in the compolition, but were within the Egyptianstandard. The moisture content ranged between 52 and 59g 100g⁻¹, the fatcontent ranged from 22.0 to 23.3g 100g⁻¹ and the pH levell avarage 5.8which was atYPicalfor produce processed cheese spreads. However, in caseof low-fat products there was high variation between the products made fromUF-retentate and the products made from HP-RSMP. The moisture content oflow-fat products made from UF-retentate ranged between .59.9 and 61.9g1COg⁻¹ and the fat content ranged between 11.1 and 12.9g 100g⁻¹. However,in the case of low-fat products made from HP-RSMP the moisture content167ranged between 64.8 and 66g 100g⁻¹,land the fat content was averaged 13.0g100g⁻¹.The microbilolglcal examination of the expermental cheeses indicatedthat all the products were of good quality during the storage period, but therewas variation in the microbial count. The products made from HP-RSMP werehigh in the microbial counts than the products made from UF-retentate due tofact that such powder had initially high microbial counts.The sensory evaluation of the produced processed cheese clearlyindicated that all the experimental products were acceptable and there wasno defect during the storage period.The rheological properties (firmness, stickiness, cohesiveness andspreadability) indicated that the experimental products were more or lesssimilar to the commercial products (control).The statistical analysis was carried out on the organoleptic results inorder to study the differences between the commercial and the experimentalproducts. from these statistical analysis the commercials were segregatedfar from the experimental products. The sensory data were reanalysed for theexperimental products and it was clear that the products made from UFretenateeither with AMF of fat-substitutes with exception of the productmade with Paselli® (starch base) were closely related each to other, and a/sothe product made from rehydrated high protein SMPwith added AMF wassimilar to the UF-retentate products. However, the products made from HPRSMPwith fat-substitutes were far from the products made from UFretenate,but were closely related to each other.from such a study it can be concluded that developed processedcheese spreads were successfully produced either from UF-retentate or HPRSMP'without using natural cheese and fat-substitutes, and these productswere of good quality.