

That through preparing training programmer set aims to development physiological and physical of water polo players.

Research worker found that the water polo has special natural in practical down the players can do all basic movements skills success fulgness, that requires also body specifications to its players, that basic stake and effecting by affective way to acting that skills. There fore all previous studies in water polo field intake (treatment) mentality and psychological directions the research worker through that guiding by water polo players bodies that have high levels that may leads to disclearing the weakness points to our players in physical mystique.

Determine the ability to reaching the junior player to high levels by several factors should be exist, and some of these factors affects on the junior by direct way, and other some of factors affecting in directing that good (right way) in feeding, enough sleeping and good use of free time avoid drougs and alkoholing drinks, smooking the regular sixty life, socval environment and psychological circmastanles in right ways that through the healthy homes the good family life and how to make a good friends, the clear future in work and satisfied by it and others like successful experiences and balanced relationships between work effort and studing and training efforts on achieve juniors high standard results.

As well as should be putting scientific training curses and so as the stable training playground the suitable equipment and the trust between the juniors and their coaches, the junior's family and the coaches, the activity, patience to do efforts. These all factors needed to development of the junior's potentials. They help him to attain higher standards in the specialized sporting activity.

The researcher thinks that previous factors though important in helping the water polo juniors achieve higher standards , are not enough to achieve that it the junior's potentials don't qualify him to achieve higher results.

There are several other basic and important factors including physical skilful, physiological and psychological ones which should exist in water polo juniors. This will help in predicating the success that may be achieved. Such factors are considered basic determinates in selecting water polo juniors.

Several studies and researches have decided on the determinants through which the juniors of other sports have been selected. Also, the test batteries of such sports have been set. This urged the researcher to conduct this research to obtain the suggested solutions, from his view point, of the scientific determinants which should exist when selecting water polo juniors under 13 years old.

This research is important because it recognizes the body, physical, skilful, physiological and psychological determinants that clearly contribute to the selection of water polo juniors, this helps water polo coaches in selection the best players through an efficient scientific method while saving time, efforts and money in order to keep abreast of the rapid development and progress in the water polo game to achieve the best future results on the continental, international and Olympic levels.

Research objectives:

This research aims at recognizing the determinants of selecting the juniors of water polo game under 13 years old through achieving the following objectives:

- Recognizing the most important body determinants in the juniors under study.
- Recognizing the most important physical determinants in the juniors under study.
- Recognizing the most important skilful determinants in juniors under study.
- Recognizing the most important physiological determinants in the juniors under study.

Research Quarries:

The researcher, through this research, tries to answer the following quarries:

- What are the basic body determinants relating to the juniors under study?
- What are the basic physical determinates relating to the juniors under study?
- What are the skilful determinants relating to the juniors under study?
- What are the basic physiological determinants relating to the juniors under study?

Research Procedure:

System used:

The researcher used the descriptive system as it sutis nature of this study.

Research sample:

The research sample has been intentionally selected from all 13-years old water polo juniors who participated in the republic's water polo championship in the 2006-2007 sporting season.

Taking by intentional method at which selected all water polo juniors who participated in the Giza water polo championship in Feb. 2007 including 6 teams in collection period they are Ahly Club, Side (hunting) club, Holyioples Club, Sporting Club, Al-Zhoor Club, Al-Shams Club.

Research sample:

The research sample has been taking by intentional method including the juniors of water polo under 13-years old and registered in Eg-swimming federation to season 2006-2007.

The total research sample amounted to 125 juniors 16 juniors have been excluded to make exploration study on them besides 9 more juniors because their parents disagree to complete the measures so the basic study sample becomes 100 juniors.

Statistical Analyses:

Statistical analyses have been completed to achieve the aim of work. (research) and included the following:

- Mean.
- Median.
- Standard Deviation.
- Skewness.
- Kurtosis.
- Independent samples T test.
- Correlation (person).
- Factor Analysis.

Deductions:

In this research sample the measurements and test which used and in light of purposes and through the end results which researcher deduced from statistical analysis he could discovering the following:

- The skilful conditions were not accepted because they not applied by 3 tests or more.

In light realizing the conditions of accepting factors, five factors were accepted as they met all conditions:

- First factor: (11) test have been applied to it.
- Second factor: (6) test have been applied to it.
- Third factor: (4) test have been applied to it.
- Fourth factor: (3) test have been applied to it.
- Fifth factor: (4) test have been applied to it.

Recommendations

In the lest of research sample, measurements, the tests were used and in light of aims (goals).

Through the results the researcher recommends:

- Using the deduced battery when selecting the juniors of water polo.
- Conducting researches on the skilful since they didn't appears as independent factors in the results of this research.
- Applying the results deduced in this research to Egyptian clubs through the Egyptian water polo federation with the aim of using them when selecting juniors.
- The battery is rebuilt every two years due to the development process and its bounce and the training conditions and competitions.
- Conducting more similar researches on different age groups in different sports with the aim of making use of the results to select the best element in these sports.

Abstract

The target from this research is define determinants of selecting juniors of water polo players under 13 years old.

Its included juniors of water polo in age 13 years old who enrolled in Egyptian Swimming federation season (2006-2007).

The researcher used description method because it compatible to this study the most important results are five factor, they are heights (body height), surroundings thigh – surround, the thickness of skin rolds of the age of abdomen, the ability (the ability of v. jump) leap on the water, physiological fitness of lagns vital out put and not accept the definitive skills because its not achieve. The acceptable factors the researcher recommend to use the excerpt battery when we select the juniors of water polo players.

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Determinants and Criteras of Water Polo Juniors Selection in A.R.E

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Research online

Research problem and its importance:

In physical (sports) field the elicits operation becomes transcendence for a curacy determinants and domicals to get best elecaters, so the openions get differs and be so many about how to elecats and the determination and be weered with what can results achived, sutable eags and the physical requirements which should be correspondence so as the player reach high skills standards, the big role of antheropometer and tests should be counted on (depended on) in selecting and the stages should be passing through to reach the requires levels, and the water polo sport considered from sports that because it needs, physical mystique and specific physiological mystique and different from other aquatic sports, the pioneers of a water polo take care of achieve higher standards of technical levels to the players.



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