

## Summary of the Resreach

### Interdiction and the Research problem:

We are living in technology age which used in all parts of life effected in behaviors and methods of our life in general and for that the fast change become feature of the age and this feature must realize by during education and learning field in our schools and universities.

And with all new things which invade the world, and temp-oral aspects which call to renew the learning to agree with the reality, its clear that the learning consider one of the most important case which the countries give it more of care. Learning become in our world now objective measurement to the countries progress which measured by their recognizing for methods, tools, styles and theories of training and recent learning.

The teaching styles considerd as Basic support in the practical learning aspects, it is the connection tool between the teacher and student, with it the teacher give the information, ideas and knowledge to student and make them gain much of expressions with the aim to improve and develop their acts and realizing the hope objectives of teaching. With that the socities point of view changed to the teacher message in the cadre of fast progress specially, in this time so the roles which he is doing becames more and did not shorten to realizing the aims of the studying subject only, but extend to what he is planting in the student and what he is develop for them from skills, be haviours, aspects and values.

It's clear from what we were said that the methods of teaching which the teacher use are one of the important practical learning aspects because every style has a determined role to develop students.

For that many of studies and researchs in handball care about searching of other different methods to teach it to achieving the learning, education and knowledge objectives with degree degree of accomplish. With changes, and developing in knowledge, and a great explosion in it and the progress in the connection and information systems, and increasing in the student in schools, and universities, and the effort become more concentrating, and direction toward designing suitable educational enviroments, and used best strategies for education in a completley different time so that the traditional styles teaching are not able to apply recent educationsl to philosophies which concentrated on using the styles that make the learner more effective in the educational operation by finding situations that make the learner more activity, positively and participator in the educational operation which depend on self learning and make the learner the essenece of the educational operation which give him chance to be able of the learning essences and principles.

For what we said, there searcher trying to use some of the recent teaching styles which the teacher play in it role of direction advise to the learner which has the positive role in the educational operation that could help in developing his character, and achieving himself. The "training-entertaing" account as a new styles in learning the movementa skills in handball besid it is assay to make the girls participle by a good way in the educational operation which lead to improve kind of learning and increaing it's efficiency during the educational operation and according to his fast, his desire , and his abilities which make the learner realizing the values of his role in the educational operation which may be raising the level of the skillful performance may be to raising the action qualitative.

**Research objectives the research expose to:**

1- Knowing the effect in using some teaching methods on:

A- The level in doing some essential qualifies in the hand-ball for students "part of research"

B- Some spiritual qualifies expression of self the motive to accomplish for student "part of reasearch"

2- Make a comparison in the effect of use " the training method the interference methods" on:

A- level of leading some essential qualifies in hand-ball.

B- Some spiritual qualifies "expersion of self- decision the motive to accomplish" for students part of research.

C- The level in gaining the knoeledge.

**The research obligations:**

There is some clear different between the south measure and space for the trial to groups by methods "training interference for the space measur in:

A- The level of leading for some essential qualifies in hand-ball "part of research".

B- Some spiritual qualifies "experssion of self- the motive to accomplish" for students" part of research.

There is some clear different between the space meadur of the tow trial groups by the methods training- interference for the space measur to trial group by the interference in:

A- The level of leading for some essential qualifies in hand-ball for students.

B- Some spiritual qualifies expression of self-the motive to accomplish for student part of research.

C- The Level of gaining knowledge.

### **The procedure and plan of research**

#### **First the using of methods:**

The researcher used the trial methods by desgaining the south measur space for two trial groups and this for its apposite to the research nature.

Second: the societe and part of research:

The researcher choosed the research society by the stright way and their were some students in the parte two in a faculty of sport education university of Assiot for 2004-2005, their number was "60" students and she choosed disinterested part of "40" students, they are distinguished to two groups: one of them studing by the interference methods and the other studying by the training methods, the number of each "20" student.

Fifth: the articles of collecting data:

The researcher used in collecting research data the suivante article:

- 1- the sceintific resort and X-studies to limit the genera of body suitable which concern by hand-ball and its examine.
- 2- an application to discover and limit the examination of body suitable "supplementary".
- 3- An application to limit the more difficult qualifies of hand-ball in the beginning of its teaching "supplementary".
- 4- examins "Qualitative leading- knowledge"
- 5- spirtual examinations "expression of self- the dicision" intelligent examination.

6- measures papers "work"

A- Scientific resorts and x-studies to bleed the measur paper interference training"

B-An application to limit the artcils of measur paper in methods interference training.

7- The articles and instruments using in the research.

8- The articles and instrument using in the resreach:

A- used articles in the research: hand-ball- Measur tape-video recorders tapes "VHS"-funnels-swich chairs-dis elastic ruler divided from Zero to 100 centimetre-chair with out back, its high 50 centimetre-wall-medical balls.

B- The instruments which used in the resreach:

- Recorder view "video"- show instrument
- Repstametre to measure the tall. - medicalmeasur.
- Dynometre to measure the hand power and foot muscls power.
- 3 hours stopping.

9- educational units by using "interference-training" educational units objectifs for resreach.

A- educational units objectifs for research.

1- Quick learning some essential qualifies for hand-ball and developping the leading level.

2- Developping some spirtual qualifies expression of self- taking the dicesion the motive to accomplish.

3- Giving the students some knowledge and legal aspects which concern of the hand ball game special educational unit for every qualify the

number of lessons almost (3:9) in the unit, time is 120 minut for every lesson except the reformation by high jumping its lesson are 6 tow lesson in weak and this because it is difficult for the beginers, and it consider like a compound qaulity and schedule 15 explains the time dividing for the educational contains.

9- statistical trearment

### **Recommendations and consequences:**

#### **First: consequences:**

By depending on what the resultats of statistical analyses of this research and for the objectifs local and in the limited cadr to the research, the researcher be able to lead to suivants consequences.

#### **Lead to suivants consequences:**

- 1- There is differents statistical between the south, and space measure for the two trial groups by the interference meth ods in the leading level of someessential qualifies in the hand-ball game for students part of search and this for the space measua.
- 2- there is different statistical between the south and space measure for the first trial groups by training method in the leading level in some essential qualities in the hand-ball game for students part of resreach and this for the space measure.
- 3- there is statistical differents between the south and space measure of the first trial group.
- 4- there is statical differents between the south and space measure of the second group by interference method in some changes spirital for research to the space measure.

- 5- There is a difference which has a statistical familiarity between the space measure to the trial groups by interference training in the leading level jumping- giving quick- balls pick catch by hands for the group of training methods.
- 6- there is difference statistical familiarity between the space measure for the two trial groups by training interference in the leading level the passing exactness pushing distance power of pushing for the interference method.
- 7- There is difference isn't familiarity statistical between the space measure for the two trial groups by training interference methods in the quality of catching balls by hands.
- 8- there is difference familiarity statistical between the space measure for the two trial groups by training interference methods in some spiritual qualities for research.
- 9- there is difference with familiarity statistical between the space measures for the trial groups by training- interference in the gaining knowledge level.
- 10- Using for leading measure people of the student inside the methods has a positive effect and activity and it realized the exception objectives which in the research and give a special form of the lesson during the execution and it help also in giving information to the students which are the leading level of the student with a very local and public frame and local recommendations.

**Second: Recommendations:**

- 1- Using the educational units by training interference methods and the educational way in teaching the way of hand ball game for students in the sport education faculty.

- 2- appliance the educational units by using the training methods when the objectif is learning Jumping passing quick catching the ball by hands.
- 3- Appliance of the educational methods by using the interference when the objectif is learning the qualities of passing pushing and taking the picking balls from side.
- 4- using teaching methods which in creasing of the students motive to learn to cover the self for the students in the sport education faculty.



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**The effect of using some teaching styles on performance level  
for some Basic skills in Handball for Faculty of Physical  
Education (girls) students- Assiut University**

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