

Introduction

The Research Preface:

This study tries to recognize the Trail of a suggested program for changing some behavior characteristics accompanying disturbance of a sample of primary school students. By this aim, this study is one of the psychological studies for improving the conditions of a sample of disturbance children accompanied By excessive activity through the improvement of the psychological characteristics accompanying the disturbance which had an effect ar decreasing the sharpness of the disturbance itself which become an important Subject in many Fields like education, Psychology and children medicine.

There children are Known by weakness of the memory because of the Functional defect in the perceptual process, Concentration, dispersion, rush and excessive activity.

The excessive a state in which the child is active in a very high degree. It is Supposed that the level of the this child is more than the normal. This is due to activity considered by adults as an inappropriate, Causes anxiety and bothering the others.

Irene so, there children suffer from some behavior Problems like there inability to concentrate, difficulty in learning, unstable, rush in their deeds and in their reactions without thinking. The had difficulty in organizing their work, and so many times, they lose their control and treat the others badly and Shatter things. They are unaccepted From the Others, not Helpful and they Haven't any Friends.

The Researcher Thinks that Children all over the World Prone to activity and Movement and this had an essential role in their lives. It's doubtless, that playing is a vital element that controls corporal, perceptual and Sentimental growth for the children. Despite the Fact that playing, Kid games, and the need to play cane be considered general properties. Plying is on the most important educational Activities and it should be Confessed that it's vital role in educational Stages especially the primary Stage because playing help the teacher to improve his awareness of the child. Including playing in the educational field makes lots of behavior problems for the children.

Thorough playing, teachers car control the action or the situation that arouses the disturbance. Activity serves many important Central Functions and also considered a method for learning through an interesting situation, Hence it gives the child the opportunity to discover new behavior Construction inside the playground.

The Researcher thinks that there is a strong correlation between the effectiveness of the child in on activity and the extent of the exerted effort in it, this is due to the fact that expression through movements is more positive than the verbal expression because expression through movement is appropriate for this stage, the student realizes how far he has succeeded in his performance. So, it is possible to realize the relation by movement instead of the other arousing through practicing and learning sportive activity skills.

So, it is clear that the current research organization which means that the effectiveness of a movement activity Program in modifying the behavior characteristics accompanying disturbance with excessive activity is one of the accepted research formulas and it is expected that it will give positive results in a sample of children through changing their behavior characteristics.

The problem which the research tackle :

The problem of the disturbed and excessive energy child is one of the most common problems. It can be noticed in the years before School. Although most of the children do not turn to the treatment that early, So, the early examining for there problems is a must, because it becomes more difficult to tackle it after long time.

Hence, there is much attention paid to there children because It is Common between children of the primary School (3% : 20%) most of them are males. It is common among children in all classes. The troubles Concerning it do not end by the end of the childhood but it continues to the adolescence which leads to some behavior problems for the primary School children, Like Unintended aggression, Their inability to Keep concentrated for long time. Rush, not Cooperative with their mates while playing or participating in the activities, In addition to sharpness of the mood and their excessive liveliness without Specific reason. They also do not follow the rules and instructions given by parents, teachers or others.

From the previous presentation, it becomes clear that the disturbance accompanied by an excessive energy had dangerous negative affects which affects the child behavior generally. The ability of their children to attain progress or Success dwindling increasingly where we become late in examining them.

This affects negatively also on the effectiveness of the activities and programs prepared for the treatment.

The problem of the current study appears in the necessity of Searching for methods, technologies and other Scientifically techniques

for the treatment or even to decrease symptoms of powerlessness of concentration.

We can Finalize this problem in the main following question.

Does the movement activity program affect on changing some behavior characteristics for the children who has disturbance accompanied by an excessive energy?

The Research Aims :

The research aims at :

Assurance of the effectiveness of the suggested Program and how it participates in handling or decreasing disturbance accompanied by excessive energy for primary School children and which had an effect on the modification of some behavior characteristics, this Could happen through the gymnastic lesson after applicating the movement activity program.

The Research Assumptions:

- (1) There are assumptions with statistical indication among averages of the first (After) measurement for the two groups (experimental & criterion) in the Variables of dispersion, excessive energy, Unintended aggression, rush, and also the total of the behavior characteristics list for the criterion group.
- (2) There are assumptions with statistical indication among averages of the second (After) measurement for the two groups (experimental & criterion) in the variables of dispersion, excessive energy, unintended aggression, rush, and also the total of the behavior characteristics list for the criterion group.
- (3) There are assumptions with statistical indication among the averages of the measurement (Before, Current, After) inside the experimental group of the sake of the previous, (After) and (current) measurement in the variables of dispersion, excessive, energy, unintended aggression, rush and also the total of the behavior characteristics list for the criterion group .
- (4) There are no assumptions with the statistical indication among the averages of the measurement (Before, Current, after) in the criterion group in the variables of dispersion, excessive energy, unintended aggression, rush, and total of the behavior characteristic list.

The Research Procedurals :

- **Study Procedure:**

the researcher used the experimental method with the (Before & After) measurements on two groups : one is experimental and the other is criterion .

- **The Research Sample :**

the research sample composed of 60 students picked from some governmental primary Schools at tanta City, divided into 30 student for the experimental group and 30 student for the criterion group. They all have been chosen on purpose.

- **The tools of collecting data:**

Firstly, Tools for the indication of the growth averages chronological Age: By referring to the students, birthrates as they are recorded in their School Files.

- **Secondly, Intelligence-Measure test :**

Ahmed Zaki Saleh photographed – test for Intelligence Measurement.

- **Thirdly, Fist of the behavior characteristics of the child who had disturbance accompanied by excessive energy :**

The point of view of the teacher of gymnastics (the researcher preperation)

Statistical Manipulations :

The next statistical Manipulations had been Considered :

- Element analysis for the measurement dimensions.
- Correlation between the items grades and the total grade of this dimension .
- The correlation between the two applications (the First & the scond).
- Correlation by half-dividing Alfa-Kambakh.
- Using skewed element to be sure that the sample has no Standard deviation distributions.
- T-Test For testing the differences between measurements.
- The change averages in the (After) measurements between the two groups.
- The contrast analysis between measurement (the before, the current and the After).

- Test for the most accurate immaterial difference H. S. D – “ Tuecky “
- The researcher has used the computer in the statistical analysis using (spss) program.

Conclusions & Recommendations :

As a result, and in the light of the research aims, the limits of the used method, the available measurement methods and the sample on which the study has been applied on, we can extract the following:

- The suggested activities program which has been applied in this study led to noticeable improvement in the modification of the behavior characteristics of the male primary School children who suffer from disturbance accompanied by excessive activity.
- The study showed that the suggested program can modify the behavior characteristics, and can let these students acquire the different concepts beside the modification of their behavior characteristics through the directive, carefully selected and standardized programs.
- Leaving through the activities and the educational experience make the students interact in their activities. Through this interaction, their concentration will be developed, the excessive energy will be stopped, and unintended aggression and rush will be decreased. In addition, their concepts give depth and meaning to their playing.

Recommendations :

In the light of the aims and the results of this research, the researcher recommends the following:

- (1) the disturbed children still need more studies to reach to all the factors that interact together and affect the concentration of these children.
- (2) This study was on the male children only and the research recommends a study of these variables on females and make a comparison to attain how far the sex can affect?
- (3) These studies require various samples from different environments and various age stages to reach a results easy to generalize on all the children who disturbance in the same degree.
- (4) This research has manipulated and modified the behavior characteristics from the activities point of view, even though, the improvement of these characteristics could not happen through

these activities just by itself, but we are in need to know other factors which can lead to this improvement of these characteristics.

- (5) The necessity of giving the child the opportunity to play in groups to be able to make relations with others and to know how to deal with them.
- (6) The teachers of gymnastics should be trained on the new and variable styles of how to deal with the children and how to use their excessive energy fruitfully.
- (7) The gymnastics teachers should have courses to provide them by methods of examining the disturbed students and by the educational strategies suggested for their treatment.
- (8) Providing the primary School by methods, Tools and tests which help in examining these children, like the behavior characteristics list of the disturbed child, methods and tools which participate in applying the treatment programs.
- (9) The assurances on the activity in the manipulated work because playing is the natural input to deal with these children, let them enjoy and to attract them.
- (10) Gymnastics teachers should have occupational preparation to be able to examine this behavioral problem early and manipulate it immediately to get over the negative effects which may result.

Advanced Researches :

- The effectiveness of a suggested training program for teachers for examining disturbance of the children and manipulating it.
- The effectiveness of training program for parents to examine disturbance and treat it.

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**An effect of Opropoed Motor activities
Program in Change Some of Associated
behavioral Characteristics to the attention
Disorder in First Stage of Basic Education.**

A research Presented by
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A research Paper Submitted as
A Requirement for Ph.D. in Physical Education.

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