

## **LIST OF CONTENTS**

	<b>Page</b>
<b>List of abbreviations</b>	I
<b>List of tables</b>	II
<b>Introduction</b>	1
<b>Chapter(1): Patient Selection .</b>	6
<b>Chapter(2): Anaesthetic Techniques</b>	20
<b>Chapter(3): Recovery And Discharge</b>	71
<b>Chapter (4): Post-Operative Complications.</b>	100
<b>Chapter (5): patient satisfaction</b>	120
<b>Summary</b>	122
<b>References</b>	128
<b>Arabic Summary</b>	

## List of Tables

	<b>Page</b>
Table 1 A simple regimen for day case low-dose spinal anaesthesia.	35
Table 2. Advantages of local/regional anaesthesia.	40
Table 3. Disadvantages of local/regional anaesthesia.	41
TABLE 4: Scoring system to determine whether outpatients can be transferred directly from the operating room to the step-down (phase II) unit	73
TABLE 5 The modified Aldrete scoring system for determining when patients are ready for discharge from the postanesthesia care unit	76
TABLE 6 Revised postanesthetic discharge scoring system (PADS) Vital signs	79
TABLE 7 Risk factors for postoperative urinary retention following ambulatory surgery	81
TABLE 8 Factors delaying discharge from ambulatory surgical unit	90
TABLE 9 Risk factors for unanticipated hospital admission	92
Table 10 Factors associated with an increased risk of postoperative nausea and vomiting (PONV).	110
Table 11 : Risk factors for PONV	110
Table 12 : Recommended prophylaxis for PONV	110

