

Title: Effectiveness of Cognitive Program for mnemonic of working memory And its impact to the Depressed patients.

The recent study aimed to mnemonic some of the factors relating to the concept of working memory in patients with Dythamic depression

The recent study's questions are confined as follows:-

What is the effectiveness of the cognitive program for mnemonic working memory on depressed patients ?

The sample included 19 male And female students with a mean age (18 to 23) Years, that were divided in to two groups.

The first group (experimental) (N = 11) of high depression And low working memory , (control) group (N= 8).

The tools: 1- Beck depression inventory (BDI).

2-Verbal working memory test.

3-Visou – spatial (working memory) test .

And the cognitive program for mnemonic the working memory

The results: The results of the study show the positive impact of the program on the experimental sample while there are no clear indications of the significant statistical average performance of the experimental And control group of working memory, verbal And visual.