OPTIONS IN SURGICAL TREATMENT OF CHRONIC MAXILLARY SINUSITIS

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Abstract

Different lines of surgical treatment are used for the treatment of maxillary sinusitis. There still controversy as regards their efficiency. In this work one hundred cases of chronic maxillary sinusitis were classified according to the pathology revealed sinonoscopically and radiologically into 2 main groups:

Group (a): Sinuses with thickened oedematous mucosa .
Group(b): Sinuses showing polypoidal changes.

In the first group it was found that middle meatal antrostomy alone yielded good results while in the second group (with polypoidal changes) the best results were obtained when radical Caldwell - Luc's operation associated with middle meatal antrostomy was carried out.

Introduction

Chronic maxillary sinusitis is a common surgical problem in ENT practice. Even the surgeon with a well - planned protocol encounters patients that pose a dilemma, perhaps even causing the surgeon to question his own philosophy regarding treatment. Different modalities of management were advocated. These ranged from medical treatment with sinus lavage up to radical Caldwell-Luc's operation.

The aim of this work is to evaluate different surgical manoeuvres used for treatment of chronic maxillary sinusitis.

Material and Methods

One hundred patients diagnosed clinically, radiologically (conventional x ray and CT scan) as well as sinonoscopically to have chronic maxillary sinusitis were selected from the ENT outpatients of Benha Faculty of Medicine.