Abstract: Objective: To evaluate the role of interleukin -6 (IL-6) in diagnosis of malignant pleural mesothelioma. Material and methods: This study was conducted on 44 patients (25 males and 19 females) with pleural effusions of different etiologies, at Banha University Hospital from April 2011 to December 2012. These patients were classified according to their final diagnosis into four groups: Group I: included 20 cases with malignant pleural effusions secondary to malignant pleural mesothelioma. Group II: included 7 cases with malignant pleural effusions secondary to metastatic adenocarcinoma. Group III: included 7 cases with tuberculous pleural effusions. Group IV: included 10 cases with transudative pleural effusions. IL-6 measured in both plasma and pleural fluid of selected patients and statistically analyzed. Results: The mean values of pleural fluid IL-6 were higher among patients with malignant effusion (groups I, II) respectively than those with non-malignant (groups III, IV). There was significant increase in pleural fluid IL-6 levels in group I (mesothelioma mean was 1627.4 ± 294.3) versus group II (adenocarcinoma mean was 1501.1 ± 274.2) p<0.05 being higher in group I, there was a high significant increase in pleural fluid IL-6 level in malignant groups (I,II) mean was (1590.7 ± 294.6) versus benign groups (III,IV) mean value was (1260.6 ±145.5). p<0.001 being higher in malignant groups. Conclusion: There was a high significant increase in pleural fluid IL-6 level in exudative effusions versus transudative effusion.
Role of Interleukin -6 (IL6) in Diagnosis of Malignant Pleural Mesothelioma

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Chest Department Bneha University, Clinical and Chemical Pathology Department Benha University and Cardiothoracic Surgery Department Benha University

ABSTRACT

Aim of the work: To evaluate the role of interleukin -6 (IL-6) in diagnosis of malignant pleural mesothelioma by detecting its level in the pleural fluid and serum of the patient with malignant pleural mesothelioma in comparison with other causes of pleural effusion. Material and methods: This study was conducted on 44 patients (25 males and 19 females) with pleural effusions of different etiologies, at Banha University Hospital from April 2011 to December 2012). These patients were classified according to their final diagnosis into four groups: Group I: included 20 cases with malignant pleural effusions secondary to malignant pleural mesothelioma. Group II: included 7 cases with malignant pleural effusions secondary to metastatic adenocarcinoma. Group III: included 7 cases with tuberculous pleural effusions. Group IV: included 10 cases with transudative pleural effusions. IL6 measured in both plasma and pleural fluid of selected patients and statistically analyzed. Results: The mean values of pleural fluid IL-6 were higher among patients with malignant effusion (group I, II) respectively than those with non malignant (group III, IV), these differences were statistically significant (P<0.05). There was a significant increase in pleural fluid IL-6 levels in group I mesothelioma mean was (1627.4 ± 294.3) versus group II adenocarcinoma mean was 1501.1 ± 274.2) p<0.05 being higher in group I). There was no significant difference in the mean levels of serum IL-6 in malignant groups (I, II) versus benign groups (III, IV) but there was a high significant increase in pleural fluid IL-6 level in malignant groups (I, II) mean was (1590.7 ± 294.6 ) versus benign groups (III, IV) mean value was (1260.6 ± 145.5). p<0.001 being higher in malignant groups. Conclusion: Pleural fluid level of interleukin-6 can be used as diagnostic tool for malignant pleural mesothelioma (MPM). Pleural fluid level of interleukin-6 (IL-6) can be used in differentiating malignant from non malignant effusions, pleural effusions secondary to malignant pleural mesothelioma (MPM) from those secondary to Adenocarcinoma and Pleural fluid level of interleukin-6 (IL-6) can be also used as a reliable laboratory tool in differentiating exudative from transudative pleural effusions.

Keywords interleukin-6 (IL-6), Mesothelioma, Pleural effusion.

INTRODUCTION:

Pleural effusions are often a diagnostic dilemma as the differential diagnosis is wide. However, in about 5-10% of cases the effusions remain undiagnosed after the initial evaluation and 20% of these effusion are later proved to be malignant.
Cytokines are proteins with relatively low molecular weight that are secreted by cells in response to a variety of different stimuli and act as key mediators of the host response to various infections, inflammatory and immunologic challenges. IL-6 is a pleiotropic cytokine stimulating a variety of cell types. Mesothelioma cells and cell lines have been reported to produce IL-6. Since IL-6 is relatively stable and its concentrations can be measured in synovial or cerebrospinal fluid the measurement of IL-6 in the body fluid would be useful to determine the activity of inflammation in patient with complicated conditions. IL 6 role as an anti-inflammatory cytokine is mediated through its inhibitory effects on TNF-alpha and IL-1, and activation of IL-10. IL 6 plays a central role in host defence against infection and tissue. IL 6 elicits cellular actions by binding to the membrane IL-6 receptor.

Because IL 6 is an autocrine growth factor for many cell types, its hyperproduction has been associated with a variety of malignancies including plastocytoma, multiple myeloma, uterine cervical carcinoma and Kaposi's sarcoma. Considering the role of IL 6 in inflammation, immune response and its known association with increased levels of genes involved in the prevention of apoptotic death of cells. Reviews emphasize the presumed activities of IL 6 in normal skin and in some disease with cutaneous involvement, in the pathogenesis of both local and systemic inflammation including surgical ones, tumor development, autoimmune diseases, infectious diseases and others.

PATIENTS & METHODS

This study was conducted on 44 patients with pleural effusions of different etiologies, at Banha University Hospital from April 2011 to December 2013 after approval of the study protocol by the Local Ethical Committee and obtaining written fully informed patients’ consent. These patients were classified according to their final diagnosis into four groups: Group I: malignant pleural effusions secondary to malignant pleural mesothelioma. Group II: malignant pleural effusions secondary to metastatic adenocarcinoma. Group III: tuberculous pleural effusions. Group IV: transudative pleural effusions.

Exclusion criteria:

1- Any effusion due to undetermined cause or suspected to have more than one possible cause.
2- Minimal effusions.
3- Patients already started any kind of treatment.

All patients were subjected to the following: 1- Full medical history and clinical examination, routine laboratory investigations, radiological examination (CXR & CT chest), abdominal ultrasonography, echocardiography whenever needed. 2- Tuberculin skin test and Sputum examination for acid fast bacilli (AFB) by ziehl–Neelsen stain. 3- Fiber-optic bronchoscopy: for patients with suspected bronchogenic carcinoma where tissue biopsies or bronchoalveolar lavage (BAL) was sent for histopathological examination. Diagnostic thoracocentesis: was done to all patients for physical, chemical, Bacteriological examination and
cvtological examination. Quantitative measurement of pleural fluid IL-6 and using ELISA technique. Pleural biopsies: were taken for all patients in groups (I, II, and III). Venous blood samples for quantitative estimation of serum IL-6.

Quantitative measurement of IL-6 in serum and pleural fluid using ELISA kit supplied by KOMA BIOTECH INC. Catalog No. K03394

STATISTICAL ANALYSIS:
The collected data were analyzed using SPSS version 16 software. Chi square test (X^2), student “t” test and ANOVA were used as tests of significance. ROC curves was used to detect cutoff values of IL-6 with optimum sensitivity and specificity, Stepwise multiple regression analysis was done to detect the significant predictors of IL-6.

RESULTS
The mean of age( in years) of group I was 65.9 ±12.4, group II was 65 ± 9.8, group III was 53.1 ±6.94 and group IV was 62±8.5 years with male predominance 56.8%. The most common presenting complaints were shortness of breath (n=42 cases, 95.5%) followed by cough that occurred in (n=41 cases, 93%), then chest pain (n=38 cases, 86.4%), fever (n=12 cases, 27.3%) and hemoptysis (n=6 cases, 13.6%). The classic radiographic picture was homogenous opacity with concave upper border rising towards the lateral chest wall it may be moderate sized effusions (n=19 cases, 44.2%), while cases with massive effusion showed complete or near complete opacification (n=15 cases 34.9%), and mild effusion (n=9 cases 20.9%). Right side effusions were 27 cases, 62.8%, left-sided 11 cases 25.6% and bilateral 5 cases 11.6%. Tuberculin skin test was positive in 3 cases in group (I) mesothelioma representing 15%, and 7 cases in group (III) TB representing 100% and lastly all cases were negative in group (II adenocarcinoma, IV control). The mean levels of platelets was higher in mesothelioma (I) followed by TB effusion (III) and lastly adenocarcinoma (II) versus group (IV) and these was significance difference as p<0.001.

The mean values of serum and pleural fluid protein levels were as the following: group (I) (4.47± 0.77 & 3.9±0.82 g/dl ) respectively, in group (II) (4.35±0.76 &4.7 ±1.01 g/dl )respectively, in group (III) (3.94±0.60 &4.2 ±0.50 g/dl )the ratios of PLF/SPtn were always more than 0.5 in the three exudative groups. while in group (IV)(4.8±0.89 &2.3 ±0.48 g/dl ) respectively, and the ratios of PLF/Sptn were always less than 0.5.

The mean values of serum and pleural fluid LDH levels were as following: group (I) (109.9 ±16.7 & 1107.6 ±296.8 U/L) respectively, in group (II)(117.0 ±12.9 &927.5 ±388.2 U/L), in group (III) (102.0 ±11.8 & 805.8±330.8U/L) respectively. and the ratios of FLDH/SLDH were more than 0.6 and the absolute values of FLDH were more than 200IU/L and more than 2/3 of the upper limit of the serum in the three exudative groups. while in group (IV) control, the mean levels was (276.6 ±35.9 &194.2± 29.7 IU/L respectively and the ratio of FLDH/SLDH was less than 0.6 and the
absolute values of FLDH were less than 200IU/L and less than 2/3 of the upper limit of normal serum.

As regard glucose level in serum and pleural fluid the lowest mean level of pleural fluid glucose was found in tuberculous pleural effusion (52.5±20.5 ) followed by pleural effusion secondary to mesothelioma (54.7 ±28.9) then pleural effusion 2nd to adenocarcinoma (68.3 ±17.2)and lastly transudative effusion (72 ±22.8).

There was no significant difference in the mean levels of serum IL-6 in exudative effusions (mean was 291.7 ±100.9 ), versus transudative effusions (mean was 134.6 ±20.95 ) p<0.01 . But there was a high significant increase in pleural fluid IL-6 level in exudative effusions (mean was 1521.6 ± 299.7) versus transudative effusions (mean was 1257.6 ± 155.7) p <0.01 being higher in exudative effusions (Table 1, Fig. 1).

Also there were high significant increases in pleural fluid IL-6 level in group (I) , (III) ,mean values were (1627.4 ± 294.3)(1501.1± 274.2) respectively versus transudative effusions group (IV) mean value was (1257.7± 155.2) being higher in group (I,II) (Table 2, Fig. 2).

Also there was significant increase in pleural fluid IL-6 in group (III) mean value was (1264.8 ±141.2) versus transudative effusions group (IV) mean value was (1257.7 ±155.2) p<0.05 being higher in group (III).P<0.01 (Table 2, Fig. 2).

There was significant increase in pleural fluid IL-6 levels in group (I) mesothelioma mean was (1627.4 ±294.3) versus group (II) adenocarcinoma mean was 1501.1 ± 274.2) p<0.05 being higher in group (I) (Table 2, Fig. 2).

There was no significant difference in the mean levels of serum IL-6 in malignant groups (I,II) ,versus benign groups (III,IV ) mean values were (282.5±106.8 , and 213.29 ± 107.44) respectively p<0.045 , but there was a high significant increase in pleural fluid IL-6 level in malignant groups (I,II) mean was (1590.7 ± 294.6 ) versus benign groups (III, IV ) mean value was (1260.6 ±145.5) .p<0.001 being higher in malignant groups (Table 3, Fig. 3).

In the present study (Table 4, Fig. 4) using a cutoff point of 1426.4 pg/ml pleural fluid IL-6 can be used to differentiate pleural effusion 2nd to malignant mesothelioma from pleural effusion 2nd to metastatic adenocarcinoma with sensitivity 85% ,specificity 83% ,PPV 81% , NPV 87% respectively .

In the present study (Table 5, Fig. 5).using a cutoff point of >1317.92 pleural fluid IL-6 can differentiate malignant pleural effusions from non-malignant pleural effusions with sensitivity76.9% , specificity 70.6%, PPV80% ,NPV 66.7% respectively .

In the present study (Table 6) using a cutoff point of >7.5 as ratio between pleural and serum levels of Interleukin-6 can diagnose transudative effusion ,if the ratio <7.5 can diagnose exudative effusion with sensitivity 100%,specificity 79.4%, PPV 58%, NPV 100% respectively .
Table (1): Represents descriptive statistics as regard the mean levels of pleural fluid and serum IL-6 among exudative and transudative effusion.

<table>
<thead>
<tr>
<th>Group</th>
<th>Exudates effusion (N=34)</th>
<th>Transudate effusion (N=10)</th>
<th>Student “t”</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean ±SD</td>
<td>Mean ±SD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Serum IL-6</td>
<td>291.7 ±100.97</td>
<td>134.6 ±20.9509</td>
<td>4.8</td>
<td>&lt;0.001*</td>
</tr>
<tr>
<td>Pleural fluid IL-6</td>
<td>1521.6182 ±299.79</td>
<td>1257.6 ±155.72182</td>
<td>2.7</td>
<td>0.01*</td>
</tr>
</tbody>
</table>

Fig (1): Shows the mean levels of pleural fluid, and serum IL-6 among exudative and transudative effusion.
Table(2): Represents descriptive statistics as regards the mean level of pleural IL-6 (pg/ml) among the studied groups.

<table>
<thead>
<tr>
<th>Group</th>
<th>N</th>
<th>Mean</th>
<th>Std. Dev</th>
<th>Minimum</th>
<th>Maximum</th>
<th>ANOVA</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mesothelioma (I)</td>
<td>20</td>
<td>1627.4†‡</td>
<td>294.33609</td>
<td>900.60</td>
<td>1990.30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adenocarcinoma (II)</td>
<td>7</td>
<td>1501.1‡</td>
<td>274.29342</td>
<td>1246.80</td>
<td>1884.30</td>
<td>6.8</td>
<td>0.001*</td>
</tr>
<tr>
<td>TB effusion (III)</td>
<td>7</td>
<td>1264.8</td>
<td>141.75964</td>
<td>1006.10</td>
<td>1406.20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Transudative effusion (IV)</td>
<td>10</td>
<td>1257.7</td>
<td>155.72182</td>
<td>1000.10</td>
<td>1604.10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>44</td>
<td>1465.6</td>
<td>292.65728</td>
<td>900.60</td>
<td>1990.30</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

†→ sig. in comparison to TB effusion group
‡→ sig. in comparison to transudative effusion group

Fig. (2): Shows the mean level of pleural IL-6 among the studied groups.
Table (3): Represents descriptive statistics as regards the mean levels of pleural fluid and serum IL-6 in malignant versus non-malignant.

<table>
<thead>
<tr>
<th>Group</th>
<th>Malignant effusion (N=27)</th>
<th>Non Malignant effusion (N=17)</th>
<th>Student “t”</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parameter</td>
<td>Mean ±SD</td>
<td>Mean ±SD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Serum IL-6</td>
<td>282.5 ± 106.8</td>
<td>213.29 ± 107.44</td>
<td>2.1</td>
<td>0.045*</td>
</tr>
<tr>
<td>Pleural fluid IL-6</td>
<td>1590.7 ± 294.6</td>
<td>1260.63 ± 145.56</td>
<td>4.3</td>
<td>&lt;0.001*</td>
</tr>
</tbody>
</table>

Fig. (3): Shows the mean levels of pleural fluid, and serum IL-6 in malignant versus non-malignant.
Table (4): Showing cutoff value, sensitivity, specificity, positive predictive value of pleural fluid and serum IL-6 in diagnosis of mesothelioma

<table>
<thead>
<tr>
<th>Cutoff value</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>PPV</th>
<th>NPV</th>
<th>AUC</th>
<th>95% CI (AUC)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serum IL-6</td>
<td>100%</td>
<td>41.7%</td>
<td>58.8%</td>
<td>100.0%</td>
<td>0.44</td>
<td>0.25-0.64</td>
<td>0.53</td>
</tr>
<tr>
<td>(172.2)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pleural IL-6</td>
<td>85%</td>
<td>83.6%</td>
<td>81%</td>
<td>87%</td>
<td>0.81</td>
<td>0.66-0.95</td>
<td>0.001*</td>
</tr>
<tr>
<td>(1426.4)</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

Fig. (4): ROC curve for the performance of IL-6 in diagnosis of mesothelioma
Table (5): Showing sensitivity, specificity, positive predictive value of pleural fluid and serum IL-6 in diagnosis of malignant effusion.

<table>
<thead>
<tr>
<th>Cutoff value</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>PPV</th>
<th>NPV</th>
<th>AUC</th>
<th>95% CI (AUC)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serum IL-6</td>
<td>100%</td>
<td>58.8%</td>
<td>78.8%</td>
<td>100.0%</td>
<td>0.704</td>
<td>0.52-0.89</td>
<td>0.025*</td>
</tr>
<tr>
<td>(172.2)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pleural IL-6</td>
<td>76.9%</td>
<td>70.6%</td>
<td>80%</td>
<td>66.7%</td>
<td>0.84</td>
<td>0.71-0.96</td>
<td>0.001*</td>
</tr>
<tr>
<td>(1317.95)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Fig (5): ROC curve for the performance of IL-6 in diagnosis of malignant effusion.
Table (6): Showing cutoff value, sensitivity , specificity , positive predictive value of ratio between pleural fluid and serum IL-6 in diagnosis of type of pleural effusion either exudates or transudates .

<table>
<thead>
<tr>
<th>Cutoff value for transusate</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>AUC</th>
<th>NPV</th>
<th>PPV</th>
<th>95% CI (AUC)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ratio (7.5)</td>
<td>100%</td>
<td>79.4%</td>
<td>0.925</td>
<td>100%</td>
<td>58.8%</td>
<td>0.85-1.0</td>
<td>&lt;0.001*</td>
</tr>
</tbody>
</table>

Ratio ≥ 7.5 can diagnose transudative effusion with sensitivity 100%, AUC 0.925 P<0.001
Ratio <7.5 can diagnose exudative effusion .

DISCUSSION

Cytokine –producing cells and cytokines have been reported in pleural effusions from patients with malignant diseases, tuberculosis and empyema. Interleukin -6 is a multifunctional cytokine secreted by lymphoid and non lymphoid cells that regulates B-cell and T-cell function and is a potent inducer of the acute –phase protein response, IL-6 is often used as a marker for systemic activation of proinflammatory cytokines (Opal and DePalo, 2000)

This study was done to assess the role of interleukin -6 in differentiation of pleural effusion secondary to malignant mesothelioma, metastatic adenocarcinoma and tuberculous infection, as well as to find out a minimal invasive tool for differentiating the above mentioned causes of pleural effusion.

In the present study the most common presenting complaint was shortness of breath (n=42 cases, 95.5%) followed by cough (n=41 cases, 93%), then chest pain (n=38 cases, 86.4%), fever (n=12 cases, 27.3%) and lastly hemoptysis (n=6 cases, 13.6%). Ang et al (2001) reported that the most of patients (85%) had dysnea as the presenting symptom. Cough was present in 75% of patients, and dull aching chest pain in the ipsilateral side was (82%), lastly came hemoptysis was distinctly uncommon. while Wislez et al.,(2003) reported that cough was the most common symptom (73%). One third of patients had dyspnea, and one third had bronchorrhea.

In the present study : tuberculosis skin test was positive in 3 cases in group (I) mesothelioma representing 15%, and 7 cases in group(III) TB representing 100% and lastly all cases were negative in group (II adenocarcinoma, IV control). these results were in agreement with Hasaneen et al.,(2003) reported in their study on pleural effusions of different etiology that 93.1% of patients with tuberculous effusions were should positive tuberculin reactions using a cutoff point of 10mm induration while patients with pleural effusion due to other causes should have negative tuberculin reactions. Lee et al., (2006) reported that tuberculin test was positive in 66.7% of cases with tuberculous pleural effusion.
In the present study (Table 1, Fig. 1), there was no significant difference in the mean levels of serum IL-6 in exudative effusions (Mean was 291.7 ±100.9), versus transudative effusions (mean was 134.6 ±20.95 ) p<0.01 . But there was a high significant increase in pleural fluid IL-6 level in exudative effusions (mean was 1521.6 ± 299.7) versus transudative effusions (mean was 1257.6 ± 155.7) p <0.01 being higher in exudative effusions.

Also there were high significant increases in pleural fluid IL-6 level in group (I) ,mean values were (1627.4 ± 294.3)(1501.1± 274.2) respectively versus transudative effusions group (IV) mean value was (1257.7± 155.2) being higher in group (I ,II) (Table 2, Fig.2).

Also there was significant increase in pleural fluid IL-6 in group (III) mean value was (1264.8 ±141.2) versus transudative effusions group (IV) mean value was (1257.7 ±155.2) p<0.05 being higher in group (III).P<0.01 (Table 2, Fig.2).

This results matched with the results of Akarsu et al .,(2005) who reported that a panel of interleukins including IL-6 could be used in pleural fluid exudates and transudate distinction where they detected that IL-6 levels were 1858.5 ± 363.1 pg/ml in the exudates groups and 656.5 ±160.9 pg/ml in the transudates groups p<0.01. Although , the significance of pleural fluid IL-6 in differentiating exudates from transudates came in agreement with the results of Xirouchaki et al .,(2002) who reported that pleural fluid IL-6 is an accurate mean of distinguishing exudates from transudates . but the significance of serum IL-6 did not come hand in hand with our results where they found significant difference between the mean values of serum IL-6 when compared transudates versus exudates being higher in exudates . also our results regarding serum IL-6 did not match with the results of Hsieh et al .,(2001) who found significant difference between the mean levels of serum IL-6 in exudates compared to transudates being higher in exudates .

The explanation of not finding significant difference in serum IL-6 between exudates and transudates and that there was significant increase in pleural fluid IL-6 than serum levels was reported by Marie et al ., (1997) who mentioned that cytokines can be trapped by the surrounding cells in their environment , measurable levels of cytokines in biological fluids represent the "tip of the iceberg". Also Hoheisel et al .,(1998) conclude that elevated levels of IL-6 in pleural effusions are due to compartmentalization at the site of active disease. While Kiropoulos et al ., (2007) related this finding to local production of this pro-inflammatory cytokine (IL-6).

In the present study, (Table 2, Fig.2) there was significant increase in pleural fluid IL-6 levels in group (I) mesothelioma mean was (1627.4 ±294.3) versus group (II) adenocarcinoma mean was 1501.1 ± 274.2) p<0.05 being higher in group (I) , these
results matched with results of Nakano et al., (1998)\textsuperscript{20} who reported that level of pleural fluid IL-6 in patients with malignant pleural effusions secondary to mesothelioma were significantly higher than in patients with adenocarcinoma. These results did not match with those of Yamaguchi et al.,(2000)\textsuperscript{21} who reported that IL-6 were elevated in effusions secondary to metastatic adenocarcinoma with mean values of 2970.5 pg/ml.

In the present study, (Table 3, Fig.3) there was no significant difference in the mean levels of serum IL-6 in malignant groups (I ,II) versus benign groups ( III ,IV ) mean values were ( 282.5±106.8 , and 213.29 ± 107.44) respectively p<0.045 , but there was a high significant increase in pleural fluid IL-6 level in malignant groups (I ,II) mean was (1590.7 ± 294.6 ) versus benign groups (III ,IV ) mean value was (1260.6 ±145.5) .p<0.001 being higher in malignant groups.

These results came in agreement with those of Yamaguchi et al.,(2000)\textsuperscript{21} who reported that marked elevation of IL-6 was found in all of malignant pleural effusions. It ranged from 77.5 to 54.1 pg/ml . being far above the increased levels in the paired serum. Also Alexanderkis et al.,(2001)\textsuperscript{22} reported that pleural fluid concentrations of IL-6 were higher in malignant effusion) group A versus group B (non malignant effusion ) and group C (transudative effusion ) p<0.01.

In the present study (Table 4, Fig.4) using a cutoff point of 1426.4 pg/ml pleural fluid IL-6 can be used to differentiate pleural effusion secondary to malignant mesothelioma from pleural effusion secondary to metastatic adenocarcinoma with sensitivity 85% ,specificity 83% ,PPV 81%, NPV 87% respectively.

In the present study (Table 5, Fig.5).using a cutoff point of >1317.92 pleural fluid IL-6 can differentiate malignant pleural effusions from non-malignant pleural effusions with sensitivity76.9% , specificity 70.6%, PPV80% ,NPV 66.7% respectively.

In the present study (Table 6) using a cutoff point of >7.5 as ratio between pleural and serum levels of Interleukin-6 can diagnose transudative effusion ,if the ratio <7.5 can diagnose exudative effusion with sensitivity 100%,specificity 79.4%, PPV 58%, NPV 100% respectively.

CONCLUSIONS

Pleural fluid level of interleukin-6 can be used as diagnostic tool for malignant pleural mesothelioma (MPM). Pleural fluid level of interleukin-6 (IL-6) can be used in differentiating malignant from non malignant effusions, pleural effusions secondary to malignant pleural mesothelioma (MPM) from those secondary to Adenocarcinoma and Pleural fluid level of interleukin-6 (IL-6) can be also used as a reliable laboratory tool in differentiating exudative from transudative pleural effusions.
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No conflict of interest
Paper was attached to the manuscript