The effectiveness of a counseling program for parents to improve the quality of life of their children with special needs

Abstract:
Targeted researcher in this study shows the effectiveness of the counseling program for parents in improving the quality of life for their children with intellectual disabilities, deafness and visually, and the extent of the continuing effectiveness of the program in the period follow up. through the development of knowledge and skills of parents to improve the quality of life for children with special needs. Family plays vital role in the health and welfare of children. reached the study sample eleven father of eleven children (five deaf children, and three children, the blind, and three children, the
mentally handicapped susceptible to learn) with an average age of 12 years and nine months. Application of the quality of life scale for children (prepared by the researcher) on School children in the hope and the Deaf (23 children) and in the light of the Blind School (21 children) and in the School of Intellectual Education (11 children) Banha. After correct measure was randomly choose the number of 11 children showed a decrease in the level of quality life, preliminary interview for the parents of these children, was applied counseling Program for parents (prepared by the researcher), which is from 12 sessions in order to transfer the parents to the experiences of the program when they communicate with their children. The completion of the application of the program to parents, been applied to measure the quality of life for their children time and time again after two months of post application She explained the results of statistical treatment using the test Wilcoxon effectiveness of the program in the evaluation posttest in the follow-up in the development of the level of quality of life among a sample study of children the discuss the results in light of the theoretical foundations for the program techniques used in the study and in the light of the process of socialization of children and their needs within the family in light of the needs of parents guide way, also gave a researcher in the light of the results of the study are some ideas for future research study.

Keywords: Quality of life – children with special needs - psychological counseling program.